

JESUS' SACRED HEART SCHOOL
TASK PLANNER
CLASS – VI

Theme: Nutrition and Health

Students will be divided into groups of 5 students each. The students will be required to do the group activities in the assigned groups as per the details given below : **G-1 (R.No-1-5), G-II (R.No-6-10), G-III (R.No-11-15), G-IV (R.No-16-20), G-V (R.No-21-25), G-VI (R.No-26 onwards)**

SUB	TOPIC	NATURE OF TASK	REQD. MATERIAL (To be sent from home)	CLASS/HOME WORK
ENG + SCI + MATH	Role Play (Group Activity)	<p>As per the above allotted groups : Students will be required to present a role play of about 10 minutes wherein 3 students can act as Nutritionist/Dietician & others as people who approach her for Diet.</p> <p>Students will be required to cover the following aspects in the Role Play:</p> <ul style="list-style-type: none"> • Importance of Nutrition and Health. • Suggested Diet plan. • Nutritional value. • Prepare a budget table of a family for a month mentioning the money spent on Nutritional diet and the money spent on junk food and give a brief interpretation of the same. <p>Students will collect data and prepare a role play at home & present it in class on Project Day. It is mandatory for each team member to participate.</p>	Flash cards / Props to be used	Points to be gathered at home and final presentation to be done in the class.
HINDI	Situation Based Analysis	A situation based on the theme will be given. Students will be required to analyse it and write about it on A4 sized sheet.	A4 sized sheet, coloured pens etc.	To be done in class
PBI	Culinary Skills (Group Activity)	As per the allotted groups, Students will be required to prepare & present a healthy diet menu (Cooking without fire) using ingredients of their choice. 4-5 dishes needs to be prepared in small quantities so as to serve the group itself. The students need to display diet menu and speak about the dishes prepared and their nutritional value in Punjabi.	Unbreakable platters etc. for plating the dishes, Ingredients required for preparing the menu.	Presentation of menu & explanation of menu to be done in class.
SST	Peer Tutoring (Group Activity)	As per the allotted groups, Students will be required to prepare a chart on the topic nutrition and health using their own imagination. Facts / figures /drawings/ picture cut-outs / graphs etc. can be used. Students will also assess their peers about the nutritional diet they ate.	Charts, Colours, Markers, Pictures	Facts / Data to be collected prior. final compiling of the chart to be done in class.

****Kindly ensure the presence of your ward on Project day, as the activities will not be conducted again.**

PRINCIPAL